

## Lone parent on Family Financial Capability course

### Key messages:

1. The learner became more confident about making her own financial decisions;
2. The course also helped her to develop her understanding and confidence in dealing with officialdom which enabled her to communicate better with the professionals involved in her and her child's life.

The learner is a lone parent who is unable to work due to family commitments. Her older child has been identified with possible Autistic Spectrum Disorder, and her younger child has been allocated specialist nursery placement due to identified language impairment. She has been receiving family support from social care and education professionals, as well as from the Counselling and Family Centre who were partners in running this course.

Through this course, the learner began to reflect on her own attitude to managing her finances. She also thought about how she may be able to make her money go further and became more confident about making her own financial decisions in the future. She found that discussions around whether information was biased or unbiased were of particular relevance to her, and she felt able to share her thoughts and experiences with the group. She was particularly interested in finding out about money comparison websites and websites designed to help the consumer save money.

The course not only helped this mother in learning to manage her finances and to access and evaluate financial information, it also developed her understanding and confidence in dealing with officialdom. She felt more able to put forward her opinions in meetings with professionals, and this was particularly useful in discussions concerning the transition of her child to a different nursery setting.

She is hoping to attend further courses in the future.

Trafford Family Learning