

Sources of further information

Contact details of organisations	Description
<p>Age UK Astral House, 1268 London Road London SW16 4ER Tel: 020 8765 7200 Email: ace@ace.org.uk Web: www.ageconcern.org.uk/</p>	<p>Their mission is to promote the well-being of all older people and to help make later life a fulfilling and enjoyable experience. They offer a wide range of practical services as well as policy.</p>
<p>(CIP) The Centre for Intergenerational Practice The Beth Johnson Foundation Parkfield House 64 Princes Road, Hartshill Stoke-on-Trent ST4 7JL Tel: 01782 844 036 Email: generations@bjf.org.uk Web: www.centreforip.org.uk/</p>	<p>CIP aim to support the development and promotion of intergenerational practice for social change. The Centre is part of the Beth Johnson Foundation.</p>
<p>Centre for Research on the Wider Benefits of Learning Institute of Education 20 Bedford Way London WC1H 0AL Tel: +44 (0)20 7612 6291 Email: info@learningbenefits.net Web: www.learningbenefits.net</p>	<p>WBL investigates and researches the benefits that learning brings to the individual and to society as a whole.</p>
<p>(CPA) Centre for the Policy on Ageing 25-31 Ironmonger Row London EC1V 3QP Tel: 020 7553 6500 Email: cpa@cpa.org.uk Web: www.cpa.org.uk/index.html</p>	<p>CPA aims to inform and influence service providers, by discovering and advocating what older people want and need. CPA, is an independent centre of research and reference.</p>
<p>(CAB) Citizens Advice Myddelton House 115-123 Pentonville Road London N1 9LZ Tel: 020 7833 2181 Web: www.citizensadvice.org.uk</p>	<p>CAB helps people resolve their legal, money and other problems by providing free, independent and confidential advice, and by influencing policymakers.</p>
<p>(DU) Digital Unite PO Box 1271 Woking Surrey GU22 2FP Tel: 0800 822 3951</p>	<p>DU specialise in helping people over 50 use IT – from internet & email to social networking & blogs.</p>

Web: http://digitalunite.com/	
Learndirect Tel: 0800 100 900 Email: enquiries@learndirect.net Web: www.learndirect-advice.co.uk	For advice on careers and learning courses.
(NAPA)National Association for the Providers of Activities for Older People Bondway Commercial Centre 5th Floor Unit 5.12, 71 Bondway London SW8 1SQ Tel: 0207 078 9375 Email: info@napa-activities.co.uk Web: www.napa-activities.co.uk/	NAPA is dedicated to increasing the profile and understanding of the activity needs for older people, and equipping staff with the skills to enable older people to enjoy a range of activity. Practical ideas and policy.
(NIACE) National Institute for Adult Continuing Education 21 De Montfort Street Leicester LE1 7GE Tel: 0116 2044200 Email: enquiries@niace.org.uk Web: www.niace.org.uk	NIACE promotes learning for more and different adults. Information about good practice, conferences, research and publications.
(OU) The Open University Walton Hall Milton Keynes MK7 6AA Tel: 01908 274066 Email: general-enquiries@open.ac.uk Web: www.open.ac.uk/	OU also offers a range of free on-line courses.
(PRIAE) Policy Research Institute on Ageing and Ethnicity 31-32 Park Row Leeds LS1 5JD Tel: 0113 285 5990 Email: info@priae.org Web: www.priae.org/	PRIAE specialises in helping black and minority ethnic (BME) elders, PRIAE plays an essential role in policy, research, information and practice.
(RNIB) Royal National Institute of Blind People 105 Judd Street London WC1H 9NE Tel: 020 7388 1266 Tel: 0303 123 9999 Email: helpline@rnib.org.uk Web: www.rnib.org.uk	RNIB supports blind and partially sighted people. It develops accessible products, services and technology to help people live independent lives.
(RNID) Royal National Institute for Deaf People 19-23 Featherstone Street London EC1Y 8SL Tel: 0808 808 0123 (freephone)	RNID helps people identify whether they have a hearing loss, campaign for change, provide services and training, and actively support scientific and

<p>Textphone: 0808 808 9000 (freephone) Fax: 020 7296 8199 SMS: 07800 000360 Email: informationline@rnid.org.uk Web: www.rnid.org.uk</p>	<p>technological research</p>
<p>(U3A) University of the Third Age 19 East Street Bromley Kent BR1 1QH Tel: 020 8466 6139 Email: national.office@u3a.org.uk Web: www.u3a.org.uk/</p>	<p>U3A is an organisation for people no longer in full time employment providing educational, creative and leisure opportunities. It consists of local U3As all over the UK, which are run entirely by volunteers. Local U3As draw upon the knowledge, experience and skills of their own members to organise and provide the groups. U3As offer the chance to study over 300 different subjects.</p>